



The ML Dance Academy

Dress Code

It's important for students abide by a dress code policy for the following reasons:

A neat and tidy appearance sets an attitude of attentiveness and respect for students, teacher, and the art of dance.

Teachers must be able to see the dancer's body outline clearly in order to make proper corrections on posture, alignment, etc.

Hair must be properly secured and tied up off of the face and neck for all styles of dance.

Jewelry must not be loose or dangling.

Gum chewing is not allowed due to danger of choking and appearance.

No loose fitting pants, blue jeans or t-shirts (they are not dance attire).

No costumes are allowed in class unless a dress up day is announced by the individual teacher.

Princess and Beginner Ballet

Girls: *Pink leotard and tights, pink leather or canvas ballet shoes, pink skirts are allowed.*

Boys: *Black or white solid color T-shirt and black dance pants or sweatpants, black ballet shoes*

NO BARE LEGS and LONG HAIR MUST BE SECURELY TIED UP – Ponytails are allowed.

Ballet Int and Int/Adv

Int/Advanced Ballet: *Solid black leotard, black skirt, pink tights and pink leather or canvas ballet slippers.*

Men/Boys: *Black tights or dance pants, black or white solid color T-shirt, and black ballet slippers.*

NO BARE LEGS and LONG HAIR MUST BE SECURELY TIED UP -

HAIR MUST BE WORN IN A BUN!!!!

Pointe Beginner and Int/Adv

Same as Ballet

Irish Step Dance

Girls/Adults: Athletic shorts worn above knees and T-shirt. Preferably Irish poodle socks. No ankle socks. Traditional Irish shoes as advised by teacher

HAIR MUST BE SECURELY TIED UP – Ponytails are allowed.

Men/Boys: Athletic shorts worn above knees and T-shirt. Athletic socks, no ankle socks. Traditional Irish shoes as advised by teacher.

Hip Hop

Girls: Any color leotard or T-shirt, sweat pants, leggings or jazz pants, sneakers.

Men/Boys: Any solid color T-shirt, black dance pants, sweatpants or shorts. sneakers.

NO BARE LEGS and LONG HAIR MUST BE SECURELY TIED UP – Ponytails are allowed.

No Bare Midriffs. Blue jeans are not allowed.

Jazz

Girls 5-12: Any color leotard or tight fitting top, tights, or jazz pants or booty shorts, ballet shoes or tan jazz shoes.

Girls Teen/Adults: Any color leotard or tight fitting top, tights or jazz pants or booty shorts, tan jazz shoes.

Men/Boys: Any solid color T-shirt and dance pants or sweatpants and black jazz shoes.

NO BARE LEGS and LONG HAIR MUST BE SECURELY TIED UP – Ponytails are allowed.

Jazz Sneakers are not allowed for the recital. No Bare Midriffs.

Lyrical

Girls: Any primarily solid color leotard and footless or transitional tights. Jazz shorts or dance skirts are allowed. Ballet slippers, footUndeez, paws or freeform slippers.

Men/Boys: Black shorts or dance pants, black or white solid color T-shirt. Students dance in bare feet or jazz shoes.

**NO BARE LEGS and LONG HAIR MUST BE SECURELY TIED UP –
No Bare Midriffs**

Modern/Contemporary

Girls: Any primarily solid color leotard and footless or transitional tights. Jazz pants or dance skirts are allowed.

Men/Boys: Black tights or dance pants, black or white solid color T-shirt. Students dance in bare feet or open modern sandals.

**NO BARE LEGS and LONG HAIR MUST BE SECURELY TIED UP – Ponytails are allowed.
No Bare Midriffs.**

Tap

Girls: Any color leotard or tight fitting top, tights or jazz pants, tap shoes. dance skirts are allowed.

Men/Boys: Any solid color T-shirt and black dance pants, sweatpants or shorts
Black tap shoes

**NO BARE LEGS and LONG HAIR MUST BE SECURELY TIED UP –
No Bare Midriffs. Blue jeans are not allowed.**

Tap, Ballet & Jazz Combo

Girls: Pink leotard, light colored tights, ballet shoes, and tap shoes. Short dance skirts are permitted.

Boys: Any solid color T-shirt and black dance pants or sweatpants, black ballet shoes and black tap shoes.

NO BARE LEGS and LONG HAIR MUST BE SECURELY TIED UP – Hair in a bun

TUMBLING

Girls: Athletic wear, basic gym attire and leotards.

LONG HAIR MUST BE SECURELY TIED UP – Ponytails are allowed.

Boys: Athletic wear and basic gym attire.

ACRO DANCE

Girls: Athletic wear, basic gym attire and leotards.

Boys: Athletic wear and basic gym attire.

LONG HAIR MUST BE SECURELY TIED UP – Ponytails are allowed.

BODY BALLET FIT

Everyone: Any fitness or dance attire. Ballet shoes, jazz shoes, dance sneakers, sneakers or socks.